

Over 2`s Cooking Activities

Easter Nests



Resources Needed:

- 200gm milk chocolate broken into pieces
- 85gm shredded wheat crushed
- 2 x 100mg mini chocolate eggs
- Cupcake cases

Implementation:

- Wash hands together
- Place 12 cup cases in a cup case tray
- Break the shredded wheat up into pieces in a bowl together
- Melt the chocolate in the microwave (with a little water added) or in a heat proof bowl over a pot of boiling water. Lift your child to watch and talk about how the chocolate is changing from solid to liquid
- Let your child help you mix the liquid chocolate into the bowl of shredded wheat
- Let your child help spoon the mixture into the cup cake cases and press the spoon into each case to create a nest shape
- Count out together, three mini eggs for each case and place them in each nest
- Place in the fridge for two hours and enjoy

